1 Meeting people

1 Introducing yourself

A Listen to people introduce themselves. Listen at least three times.

A: Hello, I’m Jason.
B: Hi, my name is Dolma.
A: Nice to meet you, Dolma.
B: Good to meet you too.

A: Excuse me, I don’t think we have met before.
   My name is Mary Jenson.
B: Oh, hello. I’m Bikash Chettri.
A: Good to meet you, Mr Chettri.
B: Pleased to meet you too, Ms Jenson.

A: Hello. Can I sit here?
B: Yes.
A: By the way, I’m Robin.
B: Hi, my name is Jessica.
A: Nice to meet you.
B: Pleased to meet you too. And where are you from, Robin?
A: I’m from Kathmandu. What about you?
B: I’m from New York. Oh, this is my stop. Bye, Robin.
A: Bye. See you.

B Role play Now practice the same conversations with a partner. Practice for three to five minutes.

C Pair work Now in the same way introduce yourself to your partner or to someone else.
**Meeting someone you know**

A **Listen to friends talking when they meet.** Listen at least twice.

A: Hi. Subodh. How are you today?
B: Not bad, thanks. How about you?
A: Great, thanks.
B: So, where are you heading?
A: To college, as usual. I’m already late. See you later, Subodh.
B: Take care. Bye bye.

---

A: Hi. How have you been?
B: Fine, thanks. And you?
A: Pretty good, thanks.
B: How’s the family?
A: Just fine. And how’s work?
B: Good. Very busy.
A: Yeah, me too.
B: Well, talk to you later.
A: Bye.

B **Role play** Now practice the same conversations with a partner. Practice for three to five minutes.

C **Pair work** Now take turns talking. This time use your own information.

<table>
<thead>
<tr>
<th>Some useful expressions</th>
<th>Just fine, thanks.</th>
<th>Great, thanks.</th>
<th>Pretty good, thanks.</th>
<th>So so. Thanks.</th>
<th>Well, talk to you later.</th>
<th>Well, nice talking to you.</th>
<th>See you.</th>
<th>See you later.</th>
</tr>
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<tbody>
<tr>
<td>How are you?</td>
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</table>
3 Saying hello and goodbye

A Listen to people saying hello and goodbye. Listen twice.
A: Hi, Tony. How are you?
B: Great! How about you, Susan?
A: See you later, Tony.
B: Bye-bye, Susan.
A: Good morning, Sir. How are you?
B: I'm just fine, Tina. Thank you.
A: Good afternoon, Mr. Thapa. How are you?
B: Not bad, thanks. And how are you, Ms Taylor?
A: Good-bye. Have a nice day.
B: Bye-bye. See you tomorrow.
A: Bye. Have a nice evening.
B: Thanks. You too.

B Pair work Practice saying hello and goodbye with your partner.

C Pair work Tick the correct responses. Then practice saying.
2. Have a nice day. [ ] You too. [ ] I’m OK. How are you?
3. Good evening. [ ] Hello. [ ] Good night.
4. See you later. [ ] Not bad thanks. [ ] Bye-bye.
2 Talking about jobs and routines

1 A student’s routine

A 🎧 Listen to a student talk about his routines.

B 🎧 Listen again. Which of these words do you hear? Tick them as you listen.

- always
- usually
- often
- sometimes
- seldom
- hardly ever
- never

C 🎧 Listen again and tick these words and phrases as you hear them.

- get up
- study
- get dressed
- go out
- go to bed
- have breakfast
- watch TV
- visit
- in the morning
- for sometime
- on time
- in the afternoon
- in the evening
- weekends
- late
- on holidays

D 🎧 Listen once again. The student is talking about what he does on college days, at weekends and on long holidays.

E Now tell from memory what the student does. You may say something like this:

On college days, the student gets up early in the....
At weekends, he gets up....
On long holidays, he
2 Busy days

A Listen to people talking about their busiest days. Listen three times.

1 My busiest day is Sunday. All our relatives come to our house for lunch and dinner almost every Sunday.

2 I hate Mondays. I get up before 5 o’clock. I catch the bus at six. I start work at seven and finish around four in the afternoon. Then I have a two-hour computer class. After that I a private tuition class to some children in the neighbourhood. It’s usually 9 o’clock when I arrive home.

3 Saturday is my busiest day. I always clean the house in the morning. I usually do the shopping in the afternoon. In the evening, I work as a teacher in an adult education class. The class finishes at 10.

B Pair work Take turns. Talk about your busiest day of the week. Ask these questions and others of your own.

What’s your busiest day?
What do you usually do?
What time do you usually get up?
What time do you start work?
What do you do all day?
Where do you usually have your breakfast and lunch?
What do you usually do after work?
What time do you usually get home?
What time do you go to bed?
A Listen to a conversation.

Woman: What do you usually do on your day off, Steve?
Man: Oh, I always get up very early, around 5 o’clock. And I run for an hour.
Woman: Wow. That sounds interesting. What do you do next?
Man: Then I usually go to the gym and lift weights for about an hour and swim for half an hour.
Woman: My goodness! You really are a fitness freak.
Man: I guess so. After all that exercise, I come home and have a big breakfast. What about you, Susan?
Woman: Well, on my day off, I just watch TV all day.
Man: Now you are a real couch potato.

B Role play Now practice the same conversation with a partner. Practice for three to five minutes.

C Pair work Now take turns telling what you do on your day off. Don’t forget to use some of the words and phrases given in the boxes below.

<table>
<thead>
<tr>
<th>Adverbs of frequency</th>
<th>Sequence markers</th>
</tr>
</thead>
<tbody>
<tr>
<td>100% always</td>
<td>First</td>
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<tr>
<td>usually</td>
<td>Next</td>
</tr>
<tr>
<td>often</td>
<td>And</td>
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<tr>
<td>sometimes</td>
<td>Then</td>
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<tr>
<td>seldom</td>
<td>And then</td>
</tr>
<tr>
<td>hardly ever</td>
<td>After that</td>
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<tr>
<td>never</td>
<td>Finally</td>
</tr>
</tbody>
</table>

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4  What do you do?

A  Listen to a conversation. Listen at least three times. Then practice the conversation with a partner.

Woman: What do you do, Laxman?
Man: I work with a travel agency.
Woman: Sounds good. What do you do, exactly?
Man: I’m a tourist guide. I take people on tours to different parts of the country.
Woman: So, you get to travel a lot, don’t you?
Man: Yes. Sometimes I even go out of the country to places like Tibet and Sikkim.
Woman: Wow. You really have a great job.
Man: Yes, I love my job. What about you, Rosy? What do you do?
Woman: I work in a hospital.
Man: Really? Are you a nurse?
Woman: No, I’m a brain surgeon. I perform more than a dozen operations every week. I have to work long hours and I hardly get any holidays.
Man: So, how do you like your job?
Woman: Not bad. But I can’t give much time to my family.

B  Pair work  Now take turns talking about your own job or your friend or relative’s job. Take help of the questions given below.

Ask about your partner
Do you have a job?
Where do you work?
What do you do exactly?
What time do you start work?
What time do you finish work?
Do you have lunch at work?
Do you take a break in the afternoon?
How do you like your job?
What do you do after work?
Do you watch television? read?

Ask about your partner’s friend or relative
Tell me about your friend/brother/sister/father/mother.....
Where does he/she work?
What does he/she do exactly?
What time does he/she start work?
What time does he/she finish work?
Does he/she like his job?
What does he/she do after work?
5 What about the family?

A Listen to a conversation. Listen at least three times.

Man: What do you, Sarita?
Woman: I’m a teacher.
Man: Really? Tell me about your family.
Woman: Well, I’m married and have three children.
Man: What does your husband do?
Woman: He has a small business.
Man: Oh, that’s interesting. What business does he have?
Woman: He has a small garment factory. He exports all the products.
Man: What about your children? Do they all go to school.
Woman: No, only two of them go to school. The youngest one is just five months old.
Man: You have a small and beautiful family.
Woman: Yes, it’s a lovely family. And what about you? Are you married?
Man: No, I’m not. I’m still studying. I’m in my final year of MBA.
Woman: Oh, great. By the way, do you have any brothers and sisters?
Man: Yes, I do. I have a brother and a sister.
Woman: And what do they do?
Man: Well, my brother drives a taxi and my sister flies a plane.
Woman: No kidding!

B Role play Practice the same conversation with a partner. Practice for three to five minutes.

C Pair work Now have a similar conversation with your partner using your own information.
Making requests and complaints

1 Making requests(1)

A Listen to some requests and their responses.

A: Would you mind turning down the TV, Roshan? I’m trying to study.
B: Sure. I’ll turn it down.

A: Max, could you move your car, please? It’s blocking my way.
B: Oh, OK. I’ll park it across the street.

A: Would you mind not making so much noise?
B: Sorry. I didn’t know I was disturbing you.

A: Please close the door on your way out.
B: All right. I’ll do it.

A: Would you mind helping me to carry this table?
B: Not at all.

A: Excuse me. Could you move your legs, please?
B: Sorry, I didn’t know it was bothering you.

A: Can you help me in the kitchen?
B: Sure. No problem.

A: Can you lend me your camera for a day?
B: Oh, I’m really sorry. I’m using it.

A: Can I borrow your pen?
B: Sure. Here you are.

B Role play Now practice. Make the same requests and give the same responses.

C Pair work Now make the same requests but give your own responses.
2 Making requests(2)

A 🎧 Listen and learn how to make requests in several ways.

Lend me Rs 50, please.
Please lend me Rs 50.
Can you lend me Rs 50? Can I borrow Rs 50?
Can you lend me Rs 50, please? Can I borrow Rs 50, please?
Could you please lend me Rs 50?
Would you mind lending me Rs 50, please?

B 🎧 Listen and learn several ways of accepting a request.

All right.
OK. I’ll do that.
OK. Here you are.
Sure! No problem!
Oh, sure. I’d be glad to.

C 🎧 Listen and learn several ways of refusing a request.

Sorry. I don’t have any money. (Say sorry and give a reason)
I’m sorry but I’m busy right now. (Say sorry and give a reason)
I’d rather not.
What! You must be kidding!

D Pair work Now use the cues given below to make requests to each other. You may either accept or refuse the requests.

.... open the door .... move saide
.... come in .... go out
.... get me a glass of water .... post this letter for me
.... sing a song .... help me do my homework
.... scratch my back .... wash my shirt
.... polish my shoes .... give me a massage

E Pair work Now think of and make your own requests. Your partner either accepts or refuses them.
A: Here are some of the ways people generally make apologies. Listen and learn.

Simply apologise:
I’m sorry I’m late.

Apologise and explain:
I’m sorry. I missed the bus.

Apologise and say you made a mistake:
I’m sorry. I woke up late today.

Apologise and make a promise:
I’m very sorry. It won’t happen again.

B: Listen to people making complaints and apologies. Pause the audio and repeat what they say.

A: By the way, you haven’t returned my camera. It’s been really long.
B: I’m really sorry. I’ll give it to you tomorrow.

A: I’m really upset with you. You didn’t phone me yesterday.
B: I’m extremely sorry. I was really busy.

A: Don’t forget you still owe me Rs. 1000.
B: Oh, sorry. I haven’t been able to manage it.

A: I was waiting for you in the park but you didn’t turn up.
B: Oh, I got there late, and you had already gone. I’m really sorry.

A: You always leave the door open. Why don’t you ever close it?
B: I’m really sorry. From next time, I will.

A: You are smoking in a No Smoking area.
B: Oh, I didn’t notice the sign. I’ll go outside.

C Pair work Think of five things to complain to your partner. Then make your complaints. Your partner apologises. Take it in turns.
4 Expressing likes and dislikes

1 Likes and dislikes

A Listen to the conversations.

Boy: Do you like folk music, Tina?
Girl: No, I don’t like it very much, do you?
Boy: Yes, I love it. Kumar Basnet is my favourite singer.
     What kind of music do you like?
Girl: Well, I like pop music a lot.
Boy: Really? Who’s your favourite singer?
Girl: Sugam Pokhrel. How about you? Do you like him?
Boy: He’s OK. But I’m fond of Nima Rumba.

Girl: Do you like playing cricket, Max?
Boy: Yes, I love it. What about you?
Girl: Well, I don’t like playing cricket but I love watching it on TV.
Boy: That’s interesting. So, besides that, what do you like doing in your free time?
Girl: Well, I’m fond of meeting new people. I also enjoy gardening and cooking.
Boy: Cooking? I can’t stand it.

B Role play Now practice the same conversations with a partner. Practice for three to five minutes.

C Pair work Now take turns talking. This time use your own information.
2 Ways of expressing likes and dislikes

A Listen to people expressing their likes and dislikes about different things.
I like Hindi films.
I like watching horror films.
I enjoy sports.
I enjoy playing football.
I’m fond of sweets.
I’m fond of eating icecream.
I love books.
I love reading novels.
I’m crazy about music.
I’m crazy about listening to pop music.

I don’t mind journeys.
I don’t mind travelling by bus.

I don’t like Thai food.
I don’t like eating in restaurants.
I hate films.
I hate sitting in the cinema hall for three hours.
I can’t stand Peter.
I can’t stand listening to his lies.

B Now practice expressing your own likes and dislikes using the words given in bold above.
3 Do you like...? 

**Pair work** Express your likes and dislikes on the following topics. First, study the given example.

- pop music
- horror films
- shopping
- cooking
- Rajesh Hamal
- cricket
- pet dogs
- Chinese bikes
- washing clothes
- learning different languages
- getting up early
- walking in the rain
- meeting new people
- eating out
- looking after children
- donating money

*Example:* A: Do you like pop music?  
B: No, I don’t like it very much. Do you?  
A: Yes, I love it.

A: Do you like getting up early in the morning?  
B: I don’t mind getting up early. What about you?  
A: I hate getting up early.

4 Others’ actions, your reactions

**A** Listen to some more expressions of likes and dislikes. Each time pause the audio and repeat the sentence.

- I like people giving me gifts.
- I don’t mind guests coming to my house.
- I don’t like friends asking me money.
- I hate dogs barking at me.

**B Pair work** Now take turns talking about what you like or dislike others doing. Talk about the following and more.

- friends teasing you
- others correcting your mistakes
- people laughing at you
- people doing charitable work
- strangers asking for directions
- people praising your work
- parents beating their children
- neighbours helping you
5 Talking about home and neighbourhood

1 Talking about home and family (1)

A 🎧 Listen to two people talking.

A: Do you live in a flat?
B: No, I don’t. I live in a house.
A: What’s it like? Does it have a garden?
B: Yes, it does. And it has a beautiful view. It’s just next to the river.
A: That sounds good. Do you live alone?
B: No, I don’t. I live with my parents and my sisters.
A: How many sisters do you have?
B: I have three sisters.
A: That’s a big family. Do you have a big house?
B: Yes, we do. It has twelve rooms.
A: Twelve rooms! How many bedrooms does it have?
B: It has five bedrooms.
A: Do you have your own bedroom?
B: Yes, I do. In fact, everyone has their own bedroom.
A: That’s very nice.

B Role play Now practice the same conversation at least three times.

C Pair work Now have a similar conversation using your own information.
2 Talking about home and family (2)

A Pair work Take turns asking and answering these questions.
   Do you have any brothers and sisters?
   Do you have a pet dog?
   Do you have any money in your pocket?
   Does your father have a bank account?
   Does he have vehicle of his own?
   Does your mother have a job?
   Does she have expensive jewellery?
   What do you have in your bag?
   What things do you have in your bedroom?
   What programs does your computers have?
   How many brothers and sisters does your father/mother have?

Example: A: Do you have any brothers and sisters?
         B: Yes, I do. I have two brothers and a sister.

         A: What do you have in your bag?
         B: I have some files in my bag.

B Pair work Tell each other five things that you have and five things that you don’t have at home.

Example: I have a beautiful car.
         I don’t have a computer.

C Pair work Think of three things that your best friend or neighbour has but you don’t have. Then tell your partner.

Example: My neighbour has a big dog but I don’t.
3 Talking about neighbourhood (1)

A 🎧 Listen to people telling a few things about their neighbourhood.

There’s a big market.
There’s no swimming pool.
There isn’t a hospital.
There are some restaurants.
There are no hotels.
There aren’t any clubs.
There’s a lot of traffic.
There’s not much pollution.
There’s plenty of sightseeing.
There are a lot of shops.
There aren’t many houses.
There are plenty of clinics.

B 🎧 Listen again and repeat each sentence.

C Now practice saying similar sentences about your own neighbourhood.
4 Talking about neighbourhood (2)

A Listen to a conversation.

A: Whereabouts in Kathmandu do you live, Shyam?
B: I live in Chabahil.
A: Really? What’s the neighbourhood like?
B: It’s good. It has many facilities but there’s a lot of traffic.
A: Is there a market?
B: Yes, there’s a pretty big market. There are also a few department stores.
A: Sounds good. Are there any restaurants and hotels?
B: There are some restaurants but they’re not very good. And there aren’t any hotels.
A: What about sports and entertainment?
B: Well, there are a couple of gyms and there’s a big cinema hall. But there’s no swimming pool. I have to go all the way to Balaju every Saturday.

B Role play Now practice the same conversation at least twice.

C Pair work Now have a similar conversation about your own neighbourhood.

<table>
<thead>
<tr>
<th>Useful expressions</th>
</tr>
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<tbody>
<tr>
<td>There’s a ...</td>
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<td>There’s no ...</td>
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<tr>
<td>There isn’t a ...</td>
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<tr>
<td>There are some ...</td>
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<tr>
<td>There are no ...</td>
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<tr>
<td>There aren’t any ...</td>
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</tbody>
</table>
6 Talking about locations

1 Telling where things are

A Look at the pictures below and say a sentence about each picture like in the example.

Example: The keys are in the briefcase.

B Listen and practice this conversation.

A: Where’s my tie?
B: I think it’s in the wardrobe.
A: No, it’s not in there.
B: Oh, it must be on the table.
A: Let me see. No, it’s not there either. Ah, yes, it’s under the table.

C Pair work Take turns telling where these things are in your living room.

Example: The calendar is on the wall.

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2 Places and their locations

A Look at the map and read the given sentences.

The coffee shop is on the corner of Main Street and Park Street. It’s opposite the hospital.

The pharmacy is in Main Street. It’s next to the gym.

B Pair work Take turns asking and answering questions about places in the map below. First look at the example.

Example: A: Where’s the post office?
B: It’s in Centre Street opposite the school.
Listen and practice the conversations at least twice.

A: Excuse me. Is there a hospital near here?
B: No, there’s no hospital here. But there’s a doctors clinic. It’s in Rara Marg, just opposite the bank.
A: Thank you. Oh, just one more thing. Where’s the nearest pay phone?
B: Well, it’s right over there, next to the hotel.
A: Thanks a lot.

A: Excuse me. Are there any restaurants around here?
B: Yes, there are. There’s a good one on the corner of King Street and New Park Road.
A: Thanks very much.

B Pair work Your partner is a visitor in your town. Have a conversation by asking and answering these questions and other questions of your own.

A: Excuse me. Can you help me? I’m on a holiday here. Is there a post office nearby?
B: ...
A: Thanks. And I need to go to a travel agency. Is there one around here?
B: ...
A: And how about restaurants? Are there any good ones in the neighbourhood?
B: ...
A: Thanks a lot. That sounds good. And just one more thing. Where’s the nearest... ?
B: ...
A: ...
B: ...
7 Giving directions

1 Practice with giving directions

Listen and practice the conversations.

A: Excuse me. Could you tell me the way to Bull’s Gym?
B: Sure. Just go along this street and turn right on Carmel Street. Walk along Carmel Street, go past Third Street and it’s on the left. It’s opposite the concert hall.
A: Thanks.

A: Excuse me. How can I get to the Bakery Cafe?
B: Well, go up this street until you reach Carmel Street. Then turn left and walk for five minutes. It’s on the corner of First Street and Carmel Street, next to the Metro Cinema Hall.
A: Thanks a lot.

Pair work Now take turns asking for and giving directions to other locations on the map.
2 | Giving directions to places

A | Here is a list of common places that you can find in almost every neighbourhood. Which of them are there in your neighbourhood? Tick.

- post office
- police station
- bank
- the cinema
- school
- supermarket
- hospital/clinic
- park
- swimming pool
- gym
- temple
- bus stop
- restaurant
- hotel

B | Pair work  Now take turns asking and giving directions to the places you have marked above.

Example: A: Could you tell me the way to the post office?
B: Sure. First go down the street until you reach....

A: How can I get to the Smart Gym?
B: Well, it’s very simple. Walk along this street for five minutes. Then turn...

Useful expressions

Walk along...
Walk for about 100 metres/5 minutes
Go down the street for...
Turn left/right
Take the first/second turning on the left/right
Go past...
...until you reach...
Giving instructions

Recipe instructions

A Here are some common phrases that are used in recipes. Listen and practice.

☐ peel the potatoes       ☐ stir gently
☐ chop the onion         ☐ fry until brown
☐ cut the vegetables     ☐ turn it over
☐ shell the peas         ☐ boil the vegetables
☐ beat the eggs          ☐ bake a cake
☐ knead the dough        ☐ roast a chicken
☐ add some water         ☐ pour some oil
☐ add the spices         ☐ heat it for some time
☐ add salt to taste      ☐ let it cook for some time
☐ mix the ingredients    ☐ simmer the soup until it becomes thick

B When you prepare your favourite dish which of the above actions do you perform? Tick in the boxes.

C Pair work Are there any other actions that you perform while preparing food? Discuss and write.

1. ........................................................................................................
2. ........................................................................................................
3. ........................................................................................................
4. ........................................................................................................
5. ........................................................................................................
2 Learning to cook

A Listen and practice the conversation.

A: This soup is delicious. How do you make it?
B: Well it’s very simple. You need some fresh vegetables like cauliflower, carrots and peas. You also need some flour.
A: OK, then?
B: First cut up the vegetables and shell the peas. Then boil some water. After that put the vegetables in the water. Let them boil for about two minutes.
A: All right. What next?
B: Next add some flour and stir for some time. Then add salt to taste and simmer the soup until it becomes thick. Finally chop up some onions and cut some coriander leaves and put them in the soup. Now the soup is ready to serve.
A: That’s it! Thanks for the recipe.

B Now make notes about your own favourite dish.

What is it?
What ingredients do you need to make it?
How do you make it?

C Pair work Now take turns describing how to make the dish.
A: What’s your favourite dish?
B: It’s...
A: What ingredients do you need to make it?
B: You need...
A: How do you make it?
B: First... After that... Next... Then... Finally...
3 Simple instructions

A Listen and practice the conversation.

A: You’ve got a beautiful camera.
B: Yes, I bought it only yesterday.
A: Let me have a look. Oh, it looks a bit technical. How do you operate it?
B: It’s not that difficult. First press this red button to switch it on. Then look through the viewfinder. You can adjust the distance by pressing these zoom buttons. After you’re ready just click it here.
A: Sounds simple.
B: Yes, but be careful not to touch this slider. It’s for rewinding the roll.
A: OK. And what about the flash?
B: It has an auto-flash system.
A: OK. Ready. Say cheese.

B Look at the topics below. Make notes on any two of them.

instructions for treating a burn
instructions for replacing the film of a camera
instructions for starting a computer
instructions for joining a club
instructions for mending a loose sole on a shoe
instructions for fixing a flat tyre

C Pair work Now take turns giving instructions. Have a similar conversation like the one above.

A: How do you treat a burn?
B: First... After that... Next... Then... Finally...
9 Giving suggestions

1 Ways of giving suggestions

A There are several ways of giving suggestions. Study these examples. Then listen and practice.

To say that it's a good thing to do.
You should take warm clothes.
You ought to travel by plane.
You'd better make reservations in advance.
(You’d better = You had better.

To say that it's not a good thing to do.
You shouldn't go alone.
You'd better not walk alone at night.

To say that it is necessary to do.
You have to get a visa. (It’s a rule.)
You must leave early to reach there before dark.
(It is necessary that you leave early if you want to reach before dark.)

To say that it is not necessary to do.
You don’t need to get a visa.

B Pair work Now take turns saying a different sentence using each of the word or phrase printed in bold above.
2 Visiting a place

A Listen and practice the conversation.

A: I’m planning to go to Pokhara soon.
A: Next week. Since you’re from Pokhara, I thought you could give me some advice. This is my first trip to Pokhara, you know.
B: Oh, OK. You should take some warm clothes. It’s very cold in Pokhara at this time of the year. And when you’re in Pokhara you should go boating. But you shouldn’t do it alone. You ought to take an experienced boatman.
A: Well. Thanks a lot.
B: And yes, one more thing. Since you’re going there in the peak tourist season, you’d better book the hotel in advance.
A: Sure, I’ll remember that. Thanks once again.

B Pair work Now have a similar conversation. This time Talk about a different place.

3 Advice to a foreigner

Role play Your partner is a foreigner who wants to visit Nepal. Give advice to him or her. Use the cues given below.

get a passport.
bring warm clothes. It’s cold here.
hire a guide otherwise you might get lost.
learn Nepali language. Guides can speak English.
carry lots of money.
bring a lot of luggage.
enter the temple if you are not a Hindu.
talk politely with the local people.
throw rubbish wherever you like.
get a trekking permit.

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10 Expressing abilities

1 Good at, bad at

A 🎧 Listen and practice the conversation.

A: Who’s your favourite cricket player?
B: Anil Kumble. He’s very good at bowling.
A: Really? But he can’t bat very well. In fact, he’s terrible at batting. I like Andrew Flintoff. He’s terrific at batting and he’s pretty good at bowling too.
B: Maybe true, but he doesn’t always play very well. Besides, I don’t like his fielding. He’s not so good at it.

B Pair work Now have similar conversations about people you like or dislike. Talk about people from sports, films, music and politics.

Useful expressions

| She’s **terrific** at dancing. | I can type **very well**. |
| He’s **very good** at maths. | I can type **pretty well**. |
| She’s **pretty good** at cooking. | I can type **a little**. |
| He’s **not so good** at basketball. | I can’t type **very well**. |
| They’re **pretty bad** at speaking Nepali. | I can’t type **at all**. |
| We’re **very bad** at writing letters. | |
| She’s **terrible** at remembering names. | |
2 About yourself

A Pair work Take turns asking and answering these questions.

Can you type?
Can you sing very well?
How well can you play cricket?
Are you very good at maths?
Do you know how to use the computer?
Are you good at remembering names?
Are you good at public speaking?
How well can you swim?
Can you cook Chinese food?
What are you very good at?
What are you bad at?
Can you drive a car?
Can you ride a bike?

B Pair work Take turns asking and answering questions on the following topics.

dance decorate the house
draw gardening
play football make new friends
sing use the Photoshop
speak English write letters
cook food

Example:A: How well can you dance?
B: I'm not so good at dancing. But my sister is terrific at it. And what about you? Can you dance very well?
A: Yes, I can dance pretty well.
11 Relating past events

1 Where were you born?

A 🎧 Listen and practice the conversation.

A: Could you tell me a little bit about yourself?
B: Sure. What would you like to know?
A: Well, where were you born?
B: I was born in London, UK.
A: Oh? Did you grow up there?
B: No, I grew up in Manchester. My family moved to
Manchester when I was just a kid.
A: And, did you go to high school in Manchester?
B: Yes, I did.
A: Where did you go to college?
B: I went to college in Ontario, Canada.
A: What did you major in?
B: I majored in journalism.
A: Oh, really? And when did you finish college?
B: In the year 2000. Then I returned to London and started
working for a magazine. I’m still there.

B Pair work Now have a similar conversation using information about yourselves. Ask these and other questions of your own.

Where were you born?
Where did you grow up?
Did you live with your parents during childhood?
Were you naughty as a child?
Where did you go to school?
When did you start school?
Did you go to a private school?
Did you take part in any competitions at school?
What subjects did you study?
2 Have you ever...?

A Listen and practice the conversations.

A: Have you ever eaten Japanese food?
B: No, I’ve never eaten Japanese food. Have you?
A: Yes, I have. I had sashimi when I was in Tokyo last year. It’s a dish of raw fish.
B: Did you like it?
A: Oh, yes. It was delicious.

A: Have you ever met a famous person?
B: Yes, I have. In fact, I met Rajesh Hamal just a week ago.
A: Oh? Where did you meet him?
B: In a restaurant in Thamel. Actually, I was having lunch there with my family and everybody was looking at a table behind us. When I turned around to see, there he was.
A: Wow! Did you talk to him?
B: Yes, in fact, he came to our table and talked to us. He somehow knew my father. I asked him for his autograph too. Would you like to see it?

B Pair work Now have similar conversations. Ask these questions. Whenever you receive ‘Yes’ for an answer, ask your partner to tell you everything about it.

Have you ever eaten Japanese food?
Have you ever met a famous person?
Have you ever eaten frogs or snakes?
Have you ever been hospitalised?
Have you ever been to Jomsom/ Pokhara/ Biratnagar?
Have you ever been to a foreign country?
Have you ever quarrelled with someone?
Have you ever prepared lunch or dinner?
Have you ever seen a ghost?
Have you ever lost your money?
3 How was your weekend?

A Listen and practice the conversations.

A: How was your weekend?
B: It was great! I went to a concert with my friends.

A: What did you do at the weekend?
B: My family and I went to see a film. We saw Anacondas. It was terrific.

A: What did you do on Saturday?
B: I went out with my friends. We had lunch at a restaurant. Then we went shopping.

A: How was your weekend?
B: Oh, not very exciting. I just stayed home and watched TV. I also worked around the house for some time.

B Pair work Now have similar conversations using your own information.

How was your weekend?
- It was terrific.
- It was pretty good.
- It was OK.
- It was terrible.

What did you do on Saturday?
- I saw a good film.
- I went to a concert.
- I watched cricket on TV.
A: Hi, Mike. How was your trip to Gorkha?
B: It was wonderful! I really enjoyed it.
A: How long were you there?
B: I was there for three days.
A: What did you do there?
B: Well, I visited the Gorkha Durbar. It’s really fantastic! Then I went trekking down to the Daraudi River. Finally I went to the Manakamana Temple by cable car. It was a great experience.
A: Did you like the food there?
B: Yes, I did. I mostly had the local food - dal, bhat, tarkari. It was good. But I didn’t like the pickle they served. It was very hot and had a pungent smell.
A: Were the hotels any good?
B: Yes, the hotel I stayed in was very comfortable and it also had a great view. By the way, do you want to see my photos.
A: Sure.

**Pair work** Now have a similar conversation. Ask these and other questions of your own.

How was trip to...? OR Did you enjoy your trip to...?
How long were you there?
What did you do there?
Where did you stay? OR Did you stay in a hotel?
Did you like the food there?
How did you travel?
How did you find the people there?
Is there anything that you didn’t like there?
Did you buy anything?
12 Talking about the future

1 Learn some rules

A We normally use **will**, *(be) going to* and **present continuous** to express the future. Study these rules. Then listen and practice.

We use **will** when we decide to do something at the time of speaking.
Rita: Let’s have a party.
Tom: That’s a great idea. We’ll invite lots of friends.
(The speaker had not decided before. The party is a new idea.)

We use *(be) going to* when we have already **decided** to do something.
Rita: Tom and I have decided to have a party. We’re going to invite lots of friends.
John: Oh, really?
(Rita had already decided to invite lots of friends **before** speaking to John.)

**Present continuous** can also have a future meaning. We use the present continuous to say what we have already **arranged** to do.
A: What **are** you **doing** tomorrow?
B: I’m leaving for Pokhara tomorrow. I’ve bought my tickets.
2 What are you doing...?

A Listen and practice the conversations.

A: What are doing tomorrow?
B: I don’t have any plans as such. I think I’ll just stay home and watch TV.

A: Do you have any plans for next Saturday?
B: Yes, I’m going to do some shopping. What about you?
A: Well, I think I’ll have to join you. I need to do some shopping myself.

A: I’m throwing a house-warming party tomorrow and you’re invited.
B: Thanks. I’ll be there.

A: So, Susan, what are you doing this evening? Would you like to go out?
B: Oh, sorry. I can’t. I’m attending a party. Sheela has invited me.
A: Well, how about tomorrow evening? Are you doing anything then?
B: No, I’m not. What are you planning to do?
A: I’m going to see a musical show. Would you like to come?
B: Sure. I’d love to. What time is the show?
A: It’s at 6 o’clock. I’ll come to pick you up at 5:30.
B: Thanks. See you then.

B Pair work Now have similar conversations of your own.